



Kinship Foundation Programme Jan - March 2024

STEP ONE - **Sefton Fostering Service offers online information sessions.** This is a chance to gather with other Sefton families who are being assessed to care for a child close to them and find out about the differences between kinship fostering and Special Guardianship order and support available to you. Please book on these via this link <https://forms.office.com/e/vLnqRbFZEc>

All applicants to Foster should also attend each session of the Foundation Programme. These sessions are delivered by Kinship a national charity. They cover

<p style="text-align: center;">Introduction to kinship care</p> <ul style="list-style-type: none"> • The challenges and rewards of being a kinship carer • Getting practical help for your family • Financial Support 	<p style="text-align: center;">Understanding Trauma & attachment</p> <ul style="list-style-type: none"> • An introduction to trauma & attachment • How to relate these ideas to the children you are caring for • Understand how you might help your kinship children with difficulties they may be having
<p style="text-align: center;">Improving challenging behaviour</p> <ul style="list-style-type: none"> • How to develop your influence with your kinship child by developing your relationship • How to discipline with the true meaning being to teach rather than punish • How to stay calm to respond appropriately instead of reacting in difficult situations • The 5R's- relationship, rhythm, ritual & routine 	<p style="text-align: center;">Managing contact- practical tools & tips</p> <ul style="list-style-type: none"> • Why we do contact • The research on contact in kinship care • How to make and change a plan for contact • Issues to consider

Where possible, please attend the Information session and complete the Foundation courses before booking on the Mandatory and Level 1 and 2 courses for Fostering Carers.

You can book your place by clicking the links next to the dates you are available. Each workshop runs several times. Please book on each title once. These

Workshop Title	Date	Time	Link
Introduction to kinship care	Tue, 9/1/24	1pm-2.30pm	Introduction-to-kinship-care-190124
Understanding trauma & attachment	Wed, 17/1/24	11am-12.30pm	Understanding-trauma-and-attachment-in-children170124
Managing contact – practical tools & tips	Mon, 22/1/24	1.30pm-3pm	Managing-contact-practical-tools-&-tips220124
Improving challenging behaviour	Tue, 30/1/24	8pm-9.15pm	How-to-improve-challenging-behaviour300124
Understanding trauma & attachment	Mon, 5/2/24	11am-12.30pm	Understanding-trauma-and-attachment-in-children050224
Managing contact – practical tools & tips	Mon, 19/2/24	10am-11.30 am	Managing-contact-practical-tools-and-tips190224
Improving challenging behaviour	Tue, 20/2/24	9.30am-10.45am	How-to-improve-challenging-behaviour200224
Introduction to kinship care	Thu, 22/2/24	11am-12.30pm	Introduction-to-kinship-care220224
Introduction to kinship care	Tue, 5/3/24	10.30am- 12pm	Introduction-to-kinship-care050324
Understanding trauma & attachment	Mon, 11/3/24	1.30pm-3pm	Understanding-trauma-&-attachment-in-children110324
Improving challenging behaviour	Fri, 15/3/24	9.30am-10.45am	How-to-improve-challenging-behaviour150324
Managing contact – practical tools & tips	Fri, 22/3/24	10am-11.30 am	Managing-contact-practical-tools-and-tips220324

links will take you to an external website for Kinship Charity

- After attending the workshop you will receive a **handout** and the **presentation slides** via email along with a **feedback survey**. Please forward the email to Trainingfa@sefton.gov.uk so we can record that your attendance.

- Your assessing social worker will want to talk about your thoughts from the workshop. Please make a note of at least three things that struck you from the session, or any questions you may have. Ideally if you could note what you can carry forward to inform the care of your family member.

Further sessions are available for you to attend if you feel they will benefit you.

Full list of sessions- <https://compass.kinship.org.uk/>

Preparing for sensitive conversations	Mon, 8/1/24	11am-12.30pm	https://compass.kinship.org.uk/training-and-events/workshops/preparing-for-sensitive-conversations-with-kinship-children-workshop-20240108/
Building resilience and wellbeing in your kinship family	Fri, 12/1/24	10.30am-11.45am	https://compass.kinship.org.uk/training-and-events/workshops/building-resilience-and-wellbeing-in-your-kinship-family-workshop-20240112/
What financial help am I entitled to as a kinship carer?	Thu, 18/1/24	10am-11.30am	https://compass.kinship.org.uk/training-and-events/workshops/what-financial-help-am-i-entitled-to-as-a-kinship-carer-workshop-20240118/
Overview of the EHCP and SEND process	Fri, 19/1/24	10.30am-12pm	https://compass.kinship.org.uk/training-and-events/workshops/overview-of-the-ehcp-and-send-process-workshop-20240119/
Adoption support fund (ASF)	Tue, 23/1/24	9.30am-11am	https://compass.kinship.org.uk/training-and-events/workshops/adoption-support-fund-workshop-20240123/
Better communication and the teenage years	Fri, 26/1/24	9.30am-10.45am	https://compass.kinship.org.uk/training-and-events/workshops/better-communication-and-the-teenage-years-workshop-20240126/
Managing contact – the emotional journey	Wed, 31/1/24	11am-12.30pm	https://compass.kinship.org.uk/training-and-events/workshops/how-to-improve-challenging-behaviour-workshop-20240130/
Preparing for sensitive conversations	Fri, 2/2/24	10am-11.30 am	https://compass.kinship.org.uk/training-and-events/workshops/preparing-for-sensitive-conversations-with-kinship-children-workshop-20240202/
What financial help am I entitled to as a kinship carer?	Tue, 6/2/24	1pm-2.30pm	https://compass.kinship.org.uk/training-and-events/workshops/what-financial-help-am-i-entitled-to-as-a-kinship-carer-workshop-20240206/
Building resilience and wellbeing in your kinship family	Wed, 7/2/24	12.30pm-1.45pm	https://compass.kinship.org.uk/training-and-events/workshops/building-resilience-and-wellbeing-in-your-kinship-family-workshop-20240207/
Overview of the EHCP and SEND process	Fri, 23/2/24	10.30am-12pm	https://compass.kinship.org.uk/training-and-events/workshops/overview-of-the-ehcp-and-send-process-workshop-20240223/

Managing contact – the emotional journey	Mon, 26/2/24	11am-12.30pm	https://compass.kinship.org.uk/training-and-events/workshops/managing-contact-for-kinship-families-the-emotional-journey-workshop-20240226/
Better communication and the teenage years	Tue, 27/2/24	9.30am-10.45am	https://compass.kinship.org.uk/training-and-events/workshops/better-communication-and-the-teenage-years-workshop-20240227/
Adoption support fund (ASF)	Thu, 29/2/24	1pm-2.30pm	https://compass.kinship.org.uk/training-and-events/workshops/adoption-support-fund-workshop-20240229/
Preparing for sensitive conversations	Mon, 4/3/24	1.30pm-3pm	https://compass.kinship.org.uk/training-and-events/workshops/preparing-for-sensitive-conversations-with-kinship-children-workshop-20240304/
Adoption support fund (ASF)	Tue, 12/3/24	10am-11.30am	https://compass.kinship.org.uk/training-and-events/workshops/adoption-support-fund-workshop-20240312/
Building resilience and wellbeing in your kinship family	Wed, 13/3/24	7pm-8.15pm	https://compass.kinship.org.uk/training-and-events/workshops/building-resilience-and-wellbeing-in-your-kinship-family-workshop-20240313/
Better communication and the teenage years	Tue, 19/3/24	8pm-9.15pm	https://compass.kinship.org.uk/training-and-events/workshops/better-communication-and-the-teenage-years-workshop-20240319/
Managing contact – the emotional journey	Wed, 20/3/24	1.30pm-3pm	https://compass.kinship.org.uk/training-and-events/workshops/managing-contact-for-kinship-families-the-emotional-journey-workshop-20240320/
What financial help am I entitled to as a kinship carer?	Thu, 21/3/24	11am-12.30pm	https://compass.kinship.org.uk/training-and-events/workshops/what-financial-help-am-i-entitled-to-as-a-kinship-carer-workshop-20240321/
Overview of the EHCP and SEND process	Mon, 25/3/24	11.30am-1pm	https://compass.kinship.org.uk/training-and-events/workshops/overview-of-the-ehcp-and-send-process-workshop-20240325/